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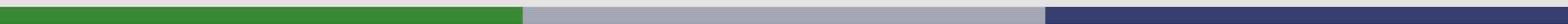
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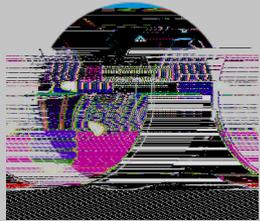
# Preparing for future health care needs

Prepare documents for our future health care needs

Know where to go for help in preparing for our future health care needs

Understand what long-term care is and how it relates to Medicare

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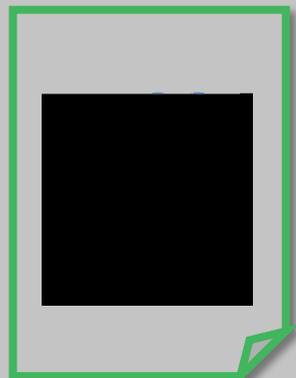
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# Prepare documents for yourself re health care needs



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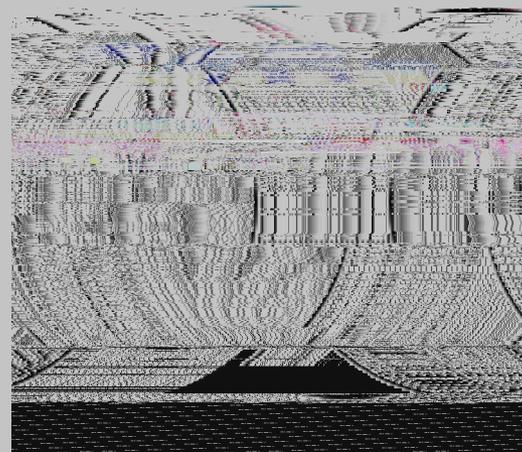


/01023'40\$. A written record of the type of medical care you would want in specific circumstances



# Prepare documents for your future health care needs

- **P** : A document—typically prepared by a lawyer—that names someone you trust as your agent to make property, financial, and other legal decisions on your behalf



# Knowing how to get help

In many cases, doctors need specific information  
to make a diagnosis and treat the illness.

# Know how to go for help

Discuss the content of an advance care document with family members, health care providers, and anyone else who would know

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Elder care

State or local general office

Department of health

National Hospice and Palliative Care Organization

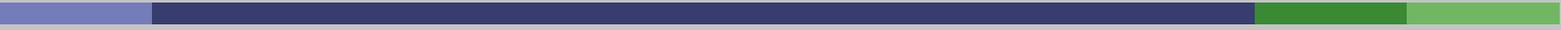
American Bar Association or state bar association

Local hospital



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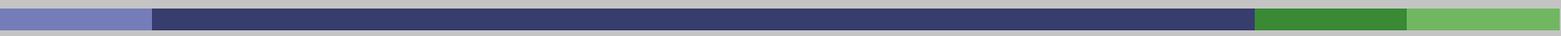
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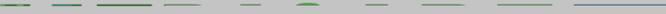


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# Medicare Rights Center helpline



For help with Medicare questions,  
call the Medicare Rights Center helpline  
at **800-333-4114**