# **Building and Disrupting Community**

The ancient philosopher Aristotle defined the human being as

### **Diversity, Equity, and Inclusion**

As Martin Luther King explains, "injustice anywhere is a threat to justice everywhere." Human beings differ from each other in a variety of ways, including gender, race, ethnicity, sexuality, religion, and nationality. These differences can emerge out of biological features like body shape or sexual attractions, out of individual choices like political views, or out of an individual's religious identity. These differences are

#### **Bodies, Mind, and Health**

In recent years, healthcare professionals have begun to rethink how we understand health and wellness. Instead of only focusing on the current physiological state of the body, professional organizations and individual practitioners now recognize that psychological, emotional, and sociocultural factors play an equally important role in someone's wellbeing. This discovery emphasizes how individuals psychologically process cultural definitions of health and philosophically evaluate ethical aspects of healthcare. Since each of these approaches depends on evidence-based scientific research, you will also explore how we analyze data about healthcare, both as a society and as individuals.

#### **Gender and Sexuality**

"Women hold up half the sky," a Chinese proverb states. Gender and sexuality are two of the main categories that we use to organize society, but their meaning, and the social structures built around them, vary dramatically in societies across the world. The study of gender and sexuality originated in social movements that were created to pursue gender equality and also to seek social transformation promoting justice for all people. This discovery enables you to understand gender issues across multiple fields of knowledge and to acquire a deep understanding and respect for human diversity on a global level. You will gain selfawareness and will learn to critique existing systems of knowledge and practice. By analyzing social structures and institutions you will explore the ways that gender and sexuality intersect with other categories, such as race, class, nationality, ethnicity, and religion.

ART-356 Women in Art HSC-221 Issues in Women's Health HST/WST-215 Introduction to Women's Studies\* HST/WST-309 Intro to the History of American Women

## **Art and Human Expression**

"O brave new world, That has such people in't," marvels Shakespeare. Although some may question why people need the arts and humanities, many of us enjoy plays and films, go to museums, paint or draw, read books, and write poetry.

# **Power, Conflicts, and Politics**

More than a hundred years ago, Carl von Clausewitz, a Prussian military general, famously wrote that war is simply

#### **Making Sense of the News**

"Journalism is the first rough draft of history." This quote, often attributed to Philip Graham, a one-time publisher and co-owner of The Washington Post, asserts the importance of journalism through the lens of history. The news provides an important bridge between those in power and those they serve. By monitoring those in power, journalists provide the information to help people make decisions and participate in democracy. The First Amendment protects a free press and free speech. Yet, that means we have to determine where and how we get our information and evaluate facts from misinformation and disinformation. By taking courses in this discover2, republish cBTrc4/6532726614877.006165614134324270Timo.01.3.3.448.625153938068342047.80556079.5344430420ThST0612Pre</WICIDBT1.5542712 T0 gl 0 G 1 goes into producing the news and how this news interacts with the political system. Your civic literacy, critical thinking, and communication skills will be strengthened, as they are all necessary in helping you make sense of the news.

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